

MARCH 2021

DELIVERED MONTHLY TO 3,200 HOUSEHOLDS

our LEGACY



THE OFFICIAL LEGACY COMMUNITY NEWSLETTER



Cover Photo by Melissa Woodworth



CALGARY LOCAL
IMMIGRATION PARTNERSHIP

We want to hear from you

Have you immigrated to Canada in the last five years?

If yes, we would like to know who or what helped you as you settled into life in Calgary.

The survey will take 10-15 minutes to complete and is available in 12 languages. Completed survey responses will be placed in a draw for one of ten \$50 gift cards.



In partnership with:

Funded by/Financé par:



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada



21-0012034

DIVISIONS *(see website for complete details)*

T-BALL: (Ages 4-6) \$175 ROOKIE BALL: (Ages 7-8) \$250

MINORS: (Ages 9-10) \$325

MAJORS: (Ages 11-12) \$350

INTERMEDIATE: (Ages 13-16) \$350

SPRING/SUMMER 2021

WWW.CALSOUTH.CA

CAL SOUTH LITTLE LEAGUE

REGISTER NOW
check out our updated
payment plans and options



Welcome to the Home Cleaning Company Agency

Enjoy a Clean Home Without Lifting a Finger

About Us

- The Home Cleaning Company has been diligently serving Calgary and the surrounding area since 2000.
- Our competitive rates are attractive and low.
- Our cleaning staff are individually bonded, security checked, and insured against damage and injury.
- We offer customers the opportunity to interview and select your regular worker from a list of friendly, qualified staff. You also have the ability to change your particular worker at any given notice.
- To create the best experience, we assign the same person every time (however, in the case of illness or holiday requests, a different worker is allocated).
- Our cleaning staff uses your materials and equipment. This ensures preferred products are being used, especially when health and safety is a concern.



Exceptional Value Service

- Flexible schedules available
- Regular, occasional, or one-time service
- Home organizing
- We secure your keys
- We invoice monthly
- No contract period necessary!

Special Home Helper Services for Seniors

- Assisting with general household duties
- Helping with laundry and ironing
- Cleaning
- Meal Preparation

Parents' Helper

- Assisting parents with childcare and household duties.

A Green Housekeeping Program is available upon request.
(Supplies required can be furnished on a bill-back basis)



A clean house is a sign of a good life

403-968-5006 • www.thehomecleaningcompany.net



FOOTPRINTS OF LEGACY

The community of Legacy has amazing walkability, with 15km of scenic pathways winding through the development, past serene ponds, wide-open green spaces, and along the ridge of the environmental reserve of Pine Creek Valley - a 300 acres of developer-protected environmental area.

All this space creates the perfect atmosphere to enjoy snowshoeing in Legacy. Through the Footprints of Legacy program, we offer members of the community association the opportunity to experience walking on snowshoes this winter. Snowshoes offer a unique perspective on a unique season! A truly Canadian activity, snowshoeing is a magical way to explore the winter landscape in our community. A blanket of freshly fallen snow is the perfect invitation for Legacians to enjoy this timeless activity.

How to rent the snowshoes:

- This program is free for members only.
- Go to <https://calgarylegacy.ca/snowshoe-rental/> and sign in as a member.
- Book the number of snowshoes and sizes that you require. Please read and sign the waiver.
- You will get a confirmation email with a unique code to access the shed (*code can be used only once).
- Put on your snowshoes and enjoy your time!

A huge thank you to @ParksFdnCalgary and the @CityofCalgary for helping our community Embrace the Outdoors and spend time outside this winter. It is needed more than ever and a great way to stay connected with our neighbors and community. #YYCOudors.

SPRING CLEANING TIPS

by Kimberly Dixon

With Spring soon upon us, many of us are ready to engage in that semi-annual deep clean of our homes. Below, I've listed a few of the best cleaning tips I've gathered from my friends, neighbors, and of course, the internet.

Clean Up Stained Upholstery

Remove water stains and other marks from furniture upholstery by adding 1 tsp. of regular powdered tide to 1 gallon of hot water - use a soft cloth to scrub stains gently out of your upholstery. Be sure to wring out the cloth well to avoid soaking your furniture.

Remove Grime from Your Window Tracks

Vacuum larger debris out of your window tracks and remove extra grime by sprinkling a small amount of baking soda into the tracks and spraying with diluted vinegar. Use a soft cloth, such as a microfiber wipe, to wipe the tracks clean.

Make Your Stainless-Steel Appliances Shine

Use your favourite stainless-steel cleaner on your appliances to wipe them down from top to bottom. To make them shine like they're brand new, add a few drops of olive oil to a soft cloth and buff it into the front surfaces.

Don't Forget to Keep Your Air Clean

If you want to reduce dust particles and ensure that the air you breathe is clean (and safe), make sure to replace your furnace and other HVAC filters during your spring cleaning.

What to expect for 2021 Tax Season?

by Shefali Jariwala

1. If you received CERB, CESB, CRB, CRSB, or CRCB payments, these are considered taxable income. You will need to file a return, and enter total amount received.
2. Repaying emergency benefits you do not qualify for - There is no obligation to repay for the benefits you did not qualify for before December 31 but repaying after December 31 means that amount will show up on your T4A for 2020 and you may have to pay taxes on them.
3. Work from home expense deductions simplified version form T777s - If you are an employee who has been working from home for more than 50% of the time over at least four consecutive weeks in 2020 due to COVID-19, you will be able to claim a deduction of \$2 per every work-from-home day up to a maximum of \$400.
4. RRIF withdrawals - If you turned 71 in 2020, you have until December 31 to convert RRSP in a RRIF or registered annuity.
5. Canada Training Credit - If you paid for tuition or training in 2020, you may be able to claim this new refundable tax credit. At the end of 2019, eligible workers aged 25 to 65 began automatically accumulating the sum of \$250, up to a maximum of \$5,000, in a Canada Training Credit Account. Starting this year, you can claim the full balance in your Canada Training Credit Account or up to half your eligible tuition/training fees, whichever is less.
6. Do not Forget - The deadline to file your return and pay your taxes is April 30, 2021. If you are self-employed or have a spouse or a common-law partner who is self-employed, the deadline to file your taxes is June 15, 2021. All taxes owed must still be paid by April 30, 2021.

MESSAGE FROM THE BOARD

The main purpose of the CLCA continues to be “building our community together”. Therefore, our job is to facilitate, support, and encourage recreational, cultural, social, athletic, and educational activities in the community. This will help us to continue building the community spirit in Legacy, and achieve and preserve a vibrant community for living, working, learning, and playing. We would like to invite you to visit our website and check out our 2021 Business Plan. We hope you continue supporting us and together we can bring our plans to reality!

Please save the date for our Annual General Meeting on Thursday, April 15, 2021 at 7:15pm.

Meet your Board – Jose Alvarado – Treasurer



Hi Neighbours!

I know that many can relate when I say that we have a busy household. My wife and I are always keeping up with the energy of our nine years old daughter, Sara, and our three-year-old son, Santiago. We are originally from Colombia, where we

grew up sharing close with neighbours and understanding the value of supporting each other in a community.

We moved to Legacy five years ago and our experience in this community has been beyond amazing. Not only have we made friends for life, but we also feel blessed by all the people around us who have made our life in Legacy very special. As a family, we really enjoy the events and initiatives that are available to bring our community together.

I joined the board because I was looking for a way to help build our community, and I discovered in the board an amazing group of people who really care, and are passionate about, making this the best community ever. I've been part of the group since the community association was just an idea, and I've seen our group growing, changing, and adapting, always with the best attitude and full of energy. I am proud to see what we've accomplished, and excited to dream about the future of our community.

I hope to see you all around and at the parks when the weather permits! Thanks for being the best community and let's continue working together!

Message from the LRA: Legacy Residents Association



Legacy Community Garden

Did you know that there is a community garden in Legacy?

Legacy's community garden was built to enhance the community and provide enjoyment for every resident. Donated by WestCreek Developments and maintained by the Legacy Residents Association, this space has been developed with the goal of increasing biodiversity, beautification, and community involvement.

The Garden has a mixture of 3x8 and 3x4 plots and is available to all residents in Legacy on a first come first serve basis. The cost of the garden beds is \$35 per year and \$17.50 per year, respectively. This fee covers general upkeep and maintenance of the garden.

Are you interested in joining the garden? or would you like to learn more about it?

If you are interested in joining the community garden for the 2021 season or just want to learn more about what you can plant or what the rules are, please visit the Legacy Residents Association website at www.legacyresidents.ca/garden.

You can also send an email to the Legacy Residents Association at info@legacyresidents.ca.

We hope to see you in the garden.



Art by Nathalie



Calgary Legacy Community Association CLCA

Board of Directors

President	Alexandra Velosa alexandra.velosa@calgarylegacy.ca
Vice president	Derek Sheahan derek.sheahan@calgarylegacy.ca
Secretary	Amanda Hodder amanda.hodder@calgarylegacy.ca
Treasurer	Jose Alvarado jose.alvarado@calgary.legacy.ca
Director of Information Technology	David Cloutier david.cloutier@calgarylegacy.ca
Director of Memberships	Kendra Read kendra.read@calgarylegacy.ca
Director of Social Media	Megan Harrison megan.harrison@calgarylegcay.ca
Director of Events	Carlene Jubinville carlene.jubinville@calgarylegacy.ca
Director of Volunteers	Elaine Shaneyfelt elaine.shaneyfelt@calgarylegacy.ca
Advisor of Memberships	Darpan Shan darpan.shan@clagarylegacy.ca
Advisor of Development	Evan Hendricks evan.hendricks@clagarylegacy.ca
Advisor of Communications	Kimberly Dixon Kimberly.Dixon@calgarylegacy.ca

Volunteers Needed

If you have experience, or a big interest in fundraising and/or grant applications, please contact us at info@calgarylegacy.ca.

SPOTLIGHT ON LEGACY'S ENTREPRENEURS



Ginette, or Gigi as she's known by those of us who indulge in her incredible baked goods, has been baking bread and other treats for years. Pre-pandemic, she used instant yeast and strictly baked bread to enjoy at home. As stores began running out of supplies, instant yeast in particular, in March 2020, Ginette turned to

sourdough. She experimented with different techniques for more than a month until she mastered a strong sourdough starter and her baking method.

She quickly mastered her craft and soon Ginette's neighbours and friends began asking for fresh loaves. Being the incredible neighbour and friend she is, she was more than happy to oblige. Eventually, Ginette created a Facebook page and began offering fresh baked loaves every weekend, and before she knew it, Just Baked by Gigi was born.



Legacy Montessori Academy
 "Within the child lies the fate of the future" Maria Montessori
 ACCEPTING CHILDREN FROM 18 MONTHS TO 6 YEARS OLD. WE ARE OPEN 7AM UNTIL 6:00PM MONDAY TO FRIDAY.
 #5128-150 Legacy Main Street Calgary, AB T2X2C2
 Office: 403-903-4042
 Legacy.montessori@mail.com




Chicken and Drop Dumplings

by Kimberly Rae Dixon

Before I get into this recipe, I have to make a confession: This recipe is not mine! I was introduced to this amazing dish by my dear friend and fellow Legacian, Mikaela DiCosimo. Even if the cold weather passes, which I hope it has by the time this newsletter reaches your mailboxes, this warm and comforting chicken and drop dumplings recipe makes the perfect addition to your dinner table.

Ingredients

- 6 tbsp. butter
- 1 c. carrots, cut into matchsticks
- 1 c. diced celery
- ½ c. corn niblets
- 4 cloves garlic, minced
- 3 tbsp. flour
- 12 oz (1 can) evaporated milk
- 32 oz (1 L) chicken stock
- 4 c. shredded cooked chicken (rotisserie chicken works best!)
- 1 tbsp. thyme
- 2 tbsp. black pepper
- salt, to taste
- Homemade Dumplings
- 2 c. flour
- 1 tbsp. plus 1 tsp. baking powder
- 1 tsp. black pepper
- 1 tsp. salt
- 1 tbsp. thyme
- ¾ c. whole milk
- 4 tbsp. Melted butter



Instructions

1. In a large pot, melt butter over medium-high heat.
2. Add carrots and celery, cook for 5 minutes until they begin wilting.
3. Add garlic, cook until it becomes fragrant (about 1 minute).
4. Add flour and cook 1 additional minute.
5. Add evaporated milk and chicken broth, stir to combine.
6. Bring all ingredients to a boil and add chicken and spices. Let the soup simmer uncovered while making the dumplings.
7. Mix flour, baking powder, pepper, salt, and thyme in a large bowl.
8. Make a well in the centre of the mixture and pour milk and melted butter into it.
9. Use a spatula to stir until a dough ball forms - add a few drops of milk if your dough is dry.
10. Scoop balls of dough into the soup, scattered around the pot.
11. Press dumplings down so soup runs over them.
12. Place a lid on the pot and lower the heat to a gentle simmer.
13. Cook for 15 minutes.
14. Cut a dumpling in half to check for doneness - if not done, continue to cook for 2 to 3 minutes until finished.
15. Serve hot!

CLCA SMALL BUSINESS DIRECTORY

Our CLCA Small/Home Business Directory
is now available at
www.calgarylegacy.ca.

The purpose of this directory is to provide you with local consumer options. Looking for storefront business partners in the community? Check out the Partners and Promotions page for member exclusive discounts.

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email officialplumbingandheating@outlook.com; www.official-plumbing-heating.ca.

LEGACY MORTGAGE BROKER: Save a bunch of cash! As a local mortgage professional, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking expert advice, excellent rates, many options, and better mortgages, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Verico Avenue Financial Real Estate Solutions.

BETT SECURITY: BETT Security provides quality, licensed security guard services at competitive rates in Calgary and surrounding areas. Services include: Neighborhood watch, mobile patrol, on site security, and private investigators. Call 587-892-2388; Email guard@bettsecurity.com; Visit bettsecurity.com.

AFFORDABLE DENTAL CARE MINUTES FROM LEGACY: Below ADA fee guide! Direct billing OAC. Only pay deductible/co-pay, get tax receipt. Save money, no charge PPE, uncomplicated dental care, live better. 30+ years of no fluff, no frills! Call today; 403-272-7272 or 403-287-6453. Visit calgarydentalcenters.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

PROFESSIONAL TAX PREPARATION SERVICES: Affordable and accurate. Our services include employment income, students, seniors, foreign pension, self employed, business, rental, newcomers, and deceased/final return. Local senior tax specialist. Licensed E-filer. Open year round. Call or text Ella at 403-992-0419, or email ellasmobiletax@gmail.com.

LIFE INSURANCE: Protect your family in case you unexpectedly die. Contact Jeff Tovee, CFP, at 403-923-5333, eternalwealth@f55f.com, www.eternalwealth.ca (In-home meetings are available).

LEGACY GARDENERS: We are certified horticulturists. Gardening services include spring and fall clean up; designing and planting of flower beds; container / pot design and planting; creative input and consultations; weekly or bi-weekly maintenance or as needed; pruning and fertilizing; and more. Call or text 403-710-0117.

COMING SEPT '21: Brand new beautiful Child Care Centre in Walden! Reggio-inspired, nature-based learning centre for infants to school aged. See the progress at 195 Walcrest Way, SE. Add your name to our email list for more information: waldenchildcare@gmail.com.

ZANELLA AUTO REPAIR: Dominic and sons Vincent and Charlie - in business since 1986. 258082 16 St. West DeWinton. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC, BBB. Do business where you live. Call 403-938-7937 for an appointment. www.ZanellaAutoRepair.com.

EXPERIENCED BOOKKEEPER IN LEGACY: Accepting new clients. Bookkeeping, payroll, GST, etc. Call Sandra at 403-254-4560 or 403-899-7016, or email sandraz@telus.net.



It's Tax Time Again...

**CORPORATE & PERSONAL TAX
FOCUSING ON SMALL & MEDIUM
BUSINESSES**

Ramsey & Mahajan
Accountants & Consultants

Visit our website

www.rmaccountants.com

Phone: 403-256-8118

Fax: 403-256-8103

**Suite 213, 280 Midpark Way SE
Calgary AB, T2X 1J6**

THE NEWEST NISSAN DEALERSHIP IN THE NEIGHBORHOOD!



REDESIGNED-REDEFINED
2021 NISSAN ROGUE

Test Drive Today!

EMPLOYEE PRICING ON ALL NISSAN ACCESSORIES

DETAIL SALE

**THE NOOK
&
CRANNIE**

YEAH! WE GO THERE

~~RETAIL: \$298.98~~
NOW: \$199.98



**South Trail
NISSAN**

SALES: (587) 956-7470

6603 - 130TH AVENUE SE | SERVICE: (587) 956-7471 | PARTS: (587) 956-7472

WWW.SOUTHTRAILNISSAN.CA

DID YOU KNOW?

YOUR LOCAL SOCCER PROVIDER U4-ADULT

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Lake Chaparral, Legacy, Mahogany, Marquis De Lorne, Queensland, and Walden.**

DEVELOPING EXCELLENT PLAYERS AND OUTSTANDING PEOPLE

- Canadian Soccer Association - Youth Club License Holder.
- Only Calgary Club with 2 turf indoor training facilities. Full size 11v11 Turf Fieldhouse and Turf Training Skills Center.
- Professionally qualified Phase Area Managers at every age group (U4-Adult) (Canada and Europe Qualifications).
- In-house Sport Science program to develop athleticism and injury prevention.
- Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches.



**calgaryfoothills
soccerclub**



- Verifiably Calgary's best soccer program with more resources and pathway to pro-am leagues for boys and girls.
- 8 Canadian National Youth Championships Won.
- Foothills FC are 2018 PDL/USL2 Champions.
- Foothills WFC are highest level of women's soccer in Canada and 2019 UWS Western Conference Champions.

OUTDOOR 2021 REGISTRATION: Program details and online registration available **FEBRUARY 1ST TO MARCH 15TH** at www.gofoothills.ca



SAVE A BUNCH OF CASH

Expert advice
Excellent rates
Many options
Better mortgages



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Verico Avenue Financial Real Estate Solutions.

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

social media advertising | management
geofenced digital | video advertising
community magazine advertising
app | web | seo | ad words

info@greatnewsmedia.ca



Councillor, Ward 14
Peter Demong

www.calgary.ca/ward14

eward14@calgary.ca

403-268-1653



Greetings Ward 14!

We are closing in on the official end of winter. Brighter days are ahead. Here is some information I hope will serve you well in the near future. Do not forget to visit calgary.ca/ward14newsletter for the full version of this column.

2021 Property Assessments

Your chance to speak to your City Assessor about whether or not your property assessment is accurate, fair, and equitable, and your chance to contest it if you do not agree is quickly ending. You have until March 23 to try to change your assessment. Visit calgary.ca/ward14newsletter for a detailed summary of what you need to do.

Smoke and Carbon Monoxide Alarms

It is a really good idea to check that your smoke and carbon monoxide detectors are in working order. The Spring daylight savings change also happens to be a great reminder to do this. Please type calgary.ca/ward14newsletter into your web browser to find more information on keeping working alarms in your house.

Green Line Business Support Program

Do you own or operate a business along the Green Line's Stage 1 alignment? The Green Line team is developing a Business Support Program to help businesses and communities prepare for, and manage, the potential impacts of Green Line LRT construction. You can find more info at calgary.ca/ward14newsletter.

The City's calgary.ca Map Gallery

Those that know me, know that I really like maps. There is so much you can learn from them. To help with knowledge base and operations, the City has developed many of its own online maps. Visit calgary.ca/ward14newsletter to learn more.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14newsletter for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14.

Councillor Peter Demong

LEGACY FAMILY DENTAL

General services provided by Dr. K. Scott and Dr. A. Sharma

WE ARE 2% BELOW THE ALBERTA DENTAL FEE GUIDE

TREATMENT	2021 ALBERTA FEE GUIDE	OUR FEE
New Patient Exam	\$105.92	\$103.80
Polish	\$74.29	\$72.80
Emergency	\$67.05	\$65.70
Scaling	\$210.30	\$206.09
Fluoride	\$30.26	\$29.65
Bitewing	\$81.80	\$80.46



SERVICES INCLUDE:

Dental cleanings
Sedation dentistry
Root canals

Teeth whitening
White fillings
Crowns & Bridges

Children's dentistry
Partials & Dentures

**FREE TEETH WHITENING
OR ELECTRIC TOOTHBRUSH**
WITH COMPLETE EXAM, XRAY, AND CLEANING

OPEN EVENINGS & WEEKENDS

 **(587) 352-3100**

 **5250, 47 Legacy View SE,
Calgary, AB T2X 2C3
(Next to Domino's)**

 **www.LegacyDentalCalgary.com**

